



Women's Health 2015

The 23rd Annual Congress

April 16-19, 2015

Grand Hyatt • Washington, DC

The most comprehensive interdisciplinary conference on women's health of the year

Even more reasons to register now!

- New NIH Office of Research on Women's Health Pre-conference Workshop
- More CMEs: **26.25** in just 3 days!
- Added, two breakfast symposiums

Plus...

- The *best of the best* in women's health presenters
- The latest research & best practices
- Opportunities to build your professional network

See inside for more details including this year's special award winners

The only meeting focused exclusively on
Best Practices for Better Outcomes



Journal of

Women's Health

VCU

Institute for Women's Health

In partnership with

NIH Office of Research
on Women's Health

HHS Office
on Women's Health

You're Invited!

Join us for a special award presentation and reception to honor our 2015 Award recipients



Journal of Women's Health Award for Outstanding Achievement in Women's Health Research

Nanette Santoro is a Professor and the E. Stewart Taylor Chair in the Reproductive Endocrinology and Infertility Department of Obstetrics and Gynecology at The University of Colorado School of Medicine. Her major research is in the physiology of gonadotropin-releasing hormone secretion. She has been involved with numerous industry and government-supported clinical trials and currently holds a K24 grant.



Bernadine Healy Award for Visionary Leadership in Women's Health

Nancy Milliken is the Founding and Current Director of the UCSF National Center of Excellence in Women's Health and Associate Chair for Clinical Programs at UCSF's Department of Obstetrics, Gynecology and Reproductive Sciences. She has long sought to improve the health of women by increasing their knowledge and participation in decisions regarding their health. As a Robert Wood Johnson Fellow, she explored the ethical issues involved in reproductive decision-making and engaged in the national debate regarding "maternal-fetal conflict" and forced treatment of pregnant women.

Conference Learning Objectives

After completing this activity, the participant should be better able to:

- Implement the most current guidelines for screening a variety of disease states affecting women across their lifespan.
- Employ evidence-based approaches for the diagnosis of diseases impacting all aspects of women's health.
- Incorporate sex and gender in evidence-based management prevention strategies to address disease states impacting women's health.
- Utilize evidence-based treatment strategies to provide care for women's sexual health including care for women with a history of sexual assault.
- Provide care, counsel, and education to female patients to promote health management and disease prevention.

CME Info

Jointly provided by Postgraduate Institute for Medicine, Academy of Women's Health, and Institute for Professional Education.



Postgraduate Institute
for Medicine

CME/CE Credit Designation

This activity has been approved for *AMA PRA Category 1 Credit(s)*™.

This activity is also certified for ANCC, and AAFP credits.

For full accreditation information, go to:

www.bioconferences.com/Conferences/WomensHealth

www.congress.academyofwomenshealth.org

Women's Health 2015: The 23rd Annual Congress

Thursday, April 16

2:30–5:00pm Pre-Conference Workshop – The Health of Women of Color: A Critical Intersection at the Corner of Sex/Gender and Race/Ethnicity

NEW!

NIH Office of Research on Women's Health (approval pending)

6:00–8:00pm Conference Registration

Friday, April 17

6:15am Yoga: Embrace the Day

7:00am REGISTRATION & CONTINENTAL BREAKFAST

7:45am Welcome Opening Remarks

8:00am The Worsening Health of American Women: Emerging Evidence

*Steven Woolf, MD, MPH, Professor of Family Medicine; Director, VCU Center for Human Needs
Virginia Commonwealth University School of Medicine*

8:45am Breast Cancer Staging: Current Strategies

*Elisa Port, MD, Associate Professor of Surgery
Icahn School of Medicine at Mt. Sinai*

9:30am Evaluation & Management of Premenopausal Women with Low Bone Density

*Elizabeth Shane, MD, Professor of Medicine
Columbia University College of Physicians & Surgeons*

10:15am Posters (CME); Networking Break; Exhibit Hall

10:45am Diabetes in Women: Improving Outcomes

*Kristen Gill Hairston, MD, MPH, Associate Professor
of Internal Medicine; Medical Director, Joslin Diabetes Center
Wake Forest University School of Medicine*

11:30am News You Can Use: Recent Studies That Have Changed My Practice

*Melissa McNeil, MD, MPH, Professor of Medicine, Obstetrics, Gynecology & Reproductive
Sciences; Chief, Women's Health, Department of Medicine
University of Pittsburgh Medical Center*

12:15pm LUNCHEON PRESENTATION

1:30pm Trudy Bush Lecture: Using Progestins in Clinical Practice

*Michael Policar, MD, MPH, Professor of Obstetrics, Gynecology & Reproductive Sciences
University of California San Francisco School of Medicine*

**2:15pm HPV Risk & Cervical Cancer Screening:
Making Sense of the Guidelines**

*Mona Saraiya, MD, MPH, Medical Officer and Associate Director, Division of Cancer
Prevention and Control; National Center for Chronic Disease Prevention and Health Promotion
Centers for Disease Control and Prevention*

3:00pm Posters (CME); Networking Break; Exhibit Hall

3:30pm Sex & Gender in Cardiac Testing: Choosing Wisely

*Harmony Reynolds, MD, Assistant Professor of Medicine
Cardiovascular Clinical Research Center
NYU Langone Medical Center*

4:15pm Another V Word: Vulvodynia

*Susan Hoffstetter, PhD, WHNP-BC, FAANP, Associate Professor of Nursing,
Section of Urogynecology
St. Louis University School of Medicines*

For more information, please visit:
www.congress.academyofwomenshealth.org

April 16-19, 2015

5:00pm PMS & PMDD: Therapeutic Approaches

C. Neill Epperson, MD, *Professor of Psychiatry, Obstetrics & Gynecology; Director, Penn Center for Women's Behavioral Wellness Perelman School of Medicine at the University of Pennsylvania*

6:00pm Academy of Women's Health – Member Reception

Saturday, April 18

6:15am Yoga: Embrace the Day

7:00am Breakfast Symposium – Novel Approaches to Hypertriglyceridemia: Clinical Face-Off



This activity is supported by an educational grant from Amarin.

8:30am The Calcium Supplement Controversy: Now What?

Douglas Bauer, MD, *Professor of Medicine, Epidemiology and Biostatistics University of California San Francisco School of Medicine*

9:15am Sex & Gender Differences in Stroke

Cheryl Bushnell, MD, MHS, *Associate Professor of Neurology; Director, Wake Forest Baptist Stroke Center Wake Forest Baptist School of Medicine*

10:00am Posters (CME); Networking Break; Exhibit Hall

10:30am Interstitial Cystitis & Painful Bladder Syndrome: Clinical Strategies

Susan Hoffstetter, PhD, WHNP-BC, FAANP, *Associate Professor of Nursing, Section of Urogynecology St. Louis University School of Medicine*

11:15am Weight Management in Women

Ann Smith Barnes, MD, MPH, *Associate Professor, Medical Director, Weight Management Services and Disease Prevention Baylor College of Medicine*

12:00pm LUNCHEON PRESENTATION

1:30pm Vivian Pinn Women's Health Research Keynote Perimenopause: From Research to Practice

Nanette Santoro, MD, *Professor and E. Stewart Taylor Chair of Obstetrics & Gynecology University of Colorado School of Medicine*

2:15pm Managing Thyroid Disorders in Women: Common Dilemmas

Douglas Bauer, MD, *Professor of Medicine, Epidemiology and Biostatistics University of California San Francisco School of Medicine*

3:00pm Posters (CME); Networking Break; Exhibit Hall

3:30pm Common Musculoskeletal Problems in Women

Sheila Dugan, MD, *Associate Professor of Physical Medicine & Rehabilitation Rush Medical College*

4:15pm Lactation & Maternal Health: What Every Clinician Needs to Know

Eleanor Bimla Schwarz, MD, MS, *Professor of Medicine, Division of General Internal Medicine University of California, Davis*

5:15pm Poster Reception; Congress Awards; Exhibit Hall

For more information, please visit:
www.congress.academyofwomenshealth.org

Register Today and Save!

Sunday, April 19

6:15am Yoga: Embrace the Day

7:00am Breakfast Symposium: Current Approaches to Bladder Control

NEW!

Diane K. Newman, DNP, ANP-BC, FAAN, *Adjunct Professor of Urology in Surgery and Co-Director of the Penn Center for Continence and Pelvic Health, Perelman School of Medicine and University of Pennsylvania Medical Center* — This activity is supported by Astellas US LLC.

8:30am Hysterectomy: Current Controversies

Catherine Matthews, MD, *Associate Professor of Obstetrics & Gynecology; Chief, Division of Urogynecology*
University of North Carolina at Chapel Hill

9:15am Bariatric Surgery: Pearls & Pitfalls

Lucy Faulconbridge, PhD, *Assistant Professor of Psychology, Director of Research, Center for Weight and Eating Disorders*
University of Pennsylvania Perelman School of Medicine

10:00am Posters (CME); Networking Break; Exhibit Hall

10:30am Managing Contraceptive Side Effects: Clinical Insights

Michael Policar, MD, MPH, *Professor of Obstetrics, Gynecology & Reproductive Sciences*
University of California San Francisco School of Medicine

11:15am Acute Pelvic Pain: A Practical Approach

Christine Isaacs, MD, *Associate Professor of Obstetrics and Gynecology*
Virginia Commonwealth University School of Medicine

12:00pm Adjourn

See our brochure and register online at:

www.congress.academyofwomenshealth.org

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Mail: Academy of Women's Health
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New Rochelle, NY 10801

Questions?

Email: awh@academyofwomenshealth.org

Call: 914-740-2181



Join the Academy of Women's Health
www.academyofwomenshealth.org

**JOIN NOW
& SAVE**

Registration

Members of the Academy of Women's Health

• Physician/PhD/Policy maker/Industry Professional	\$595
• Nurse/Allied Health Professional	\$430
• Student/Intern/Resident	\$245

Non-Members

• Physician/PhD/Policy maker/Industry Professional	\$800
• Nurse/Allied Health Professional	\$595
• Student/Intern/Resident	\$415

Join the Academy and save on Registration!